



First things First

BREAKFAST @SCHOOL

For first-class learning!

Senior High School Breakfast Menu

Featuring Healthy Fruits & Grains!

BREAKFAST MENU FOR JANUARY 2019

This institution is an equal opportunity provider and employer.



Wednesday, January 2

Hot Breakfast
Entrée
Choices

Plain Egg Patty
(1 grain)
Mini Cinis
(2 grains)

Egg & Cheese Sandwich
(2 grains)

Thursday, January 3

Hot Breakfast
Entrée
Choices

Cheese Omelet
(1 grain)
Sausage & Pancake Wrap
(2 grains)

Egg & Cheese Sandwich
(2 grains)

Friday, January 4

Hot Breakfast
Entrée
Choices

Plain Egg Patty
(1 grain)
Mini Cinis
(2 grains)
Breakfast Pizza
(2 grains)

Egg & Cheese Sandwich
(2 grains)

Available Daily

Choose 2 Items
Fruit Juice, Fresh Fruit
or dished fruit

***Must Choose 1 Fruit Item**

Choose 1 Item
Milk: 1%, Fat-Free White or Chocolate

Choose 2 Items
Fresh bagel, donut, muffin,
cereal, yogurt or cheese stick

Monday, January 7

Hot Breakfast
Entrée
Choices

Plain Egg Patty
(1 grain)
French Toast Sticks
(2 grains)

Egg & Cheese Sandwich
(2 grains)

Tuesday, January 8

Hot Breakfast
Entrée
Choices

Cheese Omelet
(1 grain)
Pillsbury Pancake Baggie
(2 grains)

Egg & Cheese Sandwich
(2 grains)

Wednesday, January 9

Hot Breakfast
Entrée
Choices

Plain Egg Patty
(1 grain)
Mini Cinis
(2 grains)

Egg & Cheese Sandwich
(2 grains)

Thursday, January 10

Hot Breakfast
Entrée
Choices

Cheese Omelet
(1 grain)
Sausage & Pancake Wrap
(2 grains)

Egg & Cheese Sandwich
(2 grains)

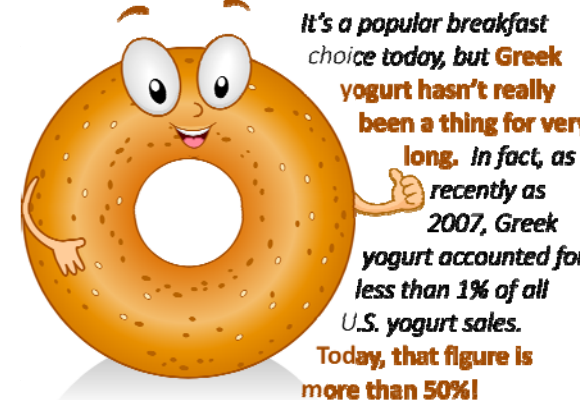
Friday, January 11

Hot Breakfast
Entrée
Choices

Plain Egg Patty
(1 grain)
Mini Cinis
(2 grains)
Breakfast Pizza
(2 grains)

Egg & Cheese Sandwich
(2 grains)

Breakfast Bites!



First things First

To make a breakfast, choose at least one



or



and at least three items total



RUSH-HENRIETTA CSD
FOOD SERVICES DEPARTMENT

The original value meal
& still a fantastic deal!

Breakfast **\$1.70**

Get in touch with us today to learn more about free and reduced-price meals in our district:
359-5388 or email: kstetter@rhnet.org

Monday, January 14

Hot Breakfast
Entrée
Choices

Plain Egg Patty
(1 grain)
French Toast Sticks
(2 grains)

Egg & Cheese
Sandwich
(2 grains)

Tuesday, January 15

Hot Breakfast
Entrée
Choices

Cheese Omelet
(1 grain)
Pillsbury Pancake
Baggie
(2 grains)

Egg & Cheese
Sandwich
(2 grains)

Wednesday, January 16

Hot Breakfast
Entrée
Choices

Plain Egg Patty
(1 grain)
Mini
Cinis
(2 grains)

Egg & Cheese
Sandwich
(2 grains)

Thursday, January 17

Hot Breakfast
Entrée
Choices

Cheese Omelet
(1 grain)
Sausage & Pancake
Wrap
(2 grains)

Egg & Cheese
Sandwich
(2 grains)

Friday, January 18

Hot Breakfast
Entrée
Choices

Plain Egg Patty
(1 grain)
Mini Cinis
(2 grains)
Breakfast Pizza
(2 grains)

Egg & Cheese
Sandwich
(2 grains)

Monday, January 21

MLK Holiday
School Closed



Tuesday, January 22

Hot Breakfast
Entrée
Choices

Cheese Omelet
(1 grain)
Pillsbury Pancake
Baggie
(2 grains)

Egg & Cheese
Sandwich
(2 grains)

Wednesday, January 23

Hot Breakfast
Entrée
Choices

Plain Egg Patty
(1 grain)
Mini
Cinis
(2 grains)

Egg & Cheese
Sandwich
(2 grains)

Thursday, January 24

Hot Breakfast
Entrée
Choices

Cheese Omelet
(1 grain)
Sausage & Pancake
Wrap
(2 grains)

Egg & Cheese
Sandwich
(2 grains)

Friday, January 25

Grading Day
today



No School
Today

Monday, January 28

Hot Breakfast
Entrée
Choices

Plain Egg Patty
(1 grain)
French Toast Sticks
(2 grains)

Egg & Cheese
Sandwich
(2 grains)

Tuesday, January 29

Hot Breakfast
Entrée
Choices

Cheese Omelet
(1 grain)
Pillsbury Pancake
Baggie
(2 grains)

Egg & Cheese
Sandwich
(2 grains)

Wednesday, January 30

Hot Breakfast
Entrée
Choices

Plain Egg Patty
(1 grain)
Mini
Cinis
(2 grains)

Egg & Cheese
Sandwich
(2 grains)

Thursday, January 31

Hot Breakfast
Entrée
Choices

Cheese Omelet
(1 grain)
Sausage & Pancake
Wrap
(2 grains)

Egg & Cheese
Sandwich
(2 grains)


**JANUARY
BIRTHDAYS**

Ellis Island (127) - Jan. 1
Bradley Cooper (44) - Jan. 5
Kate Middleton (36) - Jan. 9
Dr. Martin Luther King - Jan. 15
Drew Brees (39) - Jan. 15
Michelle Obama (54) - Jan. 17

